



Jason Song, Ed.D
Principal
Words of Appreciation



Winter Camp 2016
@ The Oaks Christian Conference
Center (Jan. 27-29)



Introducing Ms. Ellen Kim
2nd Grade Teacher
+ Calendar Items

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New Covenant Academy
3119 W. 6th Street
Los Angeles, CA 90020
(213) 487-5437
www.e-nca.org
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New Covenant NEWS

#1: WORDS OF APPRECIATION



For humans, language is the primary mode of communication. It is also the primary tool for expressing love. Yet, the Bible reminds us to be careful about using our tongue (James 3). That warning is applicable to parent-child relations as well.

Teenager want their parents to "respect" them by treating them as equals. Thus, teenagers will not listen to parents who talk to them as if they were children. Also, one-way communication (parents giving direction or making demands or lecturing) won't work either. Hence, parents must learn to speak a *new dialect* to their teenage children--one that shows respect, logic, persuasion, and clarity.

Parents must remember not to raise their voice and bluntly express their frustration or anger. Now, given that teenagers often provoke parents to anger, this is not easy to do. Yet, in

order to keep the window of communication open, parents must learn and practice to put their emotions aside when communicating with their teenage child.

Another key to keep in mind is that parents must frequently check their physical, emotional, and relational health. Healthy parents have healthy communication with their children. However, unhealthy parents have, well, damaging communication with their children.

Below are some other things to keep in mind as parents communicate with their teenage children: (1) stop criticizing; (2) invite children to voice their opinions; (3) collectively make family policies and decisions; (4) provide clear boundaries--if necessary, write down policies and rules; and (5) do not threaten or bully the children into obliging demands. If the above items are "checked," then what should flow out of the parents will uplift the children.

As far as providing words of affirmation and praise are concerned, please use the following guidelines: (1) do not praise children when there is no sufficient reason; (2) do not praise grades or performance, but praise effort, citizenship, and character; (3) be very specific when praising--don't just throw out expressions like, "Good job," or "That's great"; and (4) express "I love you" by using different expressions such as, "I'm very proud of what you did for Tommy," or "I am very happy when you give your 100% effort," or "I am so thankful to God for you," or "Your honesty is truly remarkable in this day and age," etc.

Words of affirmation and praise can also be expressed through emails, notes, and letters--yes, letters! Sometimes, praising your child (young or old) in front of grandparents or extended family can positively influence the child's self-esteem.

Let's face it--we can all use more words of affirmation. As loving and caring parents, let's plant the words of affirmation in our children's heart. I am sure that our children will value the fruits of affirmation throughout their life. Don't forget that the tongue has the power of life and death (Proverbs 18:21).

WINTER CAMP '16 @ THE OAKS



Winter Camp 2016 once again took place at the Oaks Christian Conference Center in Lake Hughes, from Jan. 27 through 29. The guest speaker was Pastor David Wallace of Cornerstone Covenant Church in Palm Desert. He spoke about Joseph of the Old Testament--how he overcame life's difficulties with his character and trust in God. Pastor David also spoke about reconciliation and forgiveness. Mr. Samuel Song addressed the same topic to students in Grades 2 through 5. Good food, great company, and awesome presence of God--that's NCA's Winter Camp.

Calendar
Items
February
2016



- Boys Basketball
 - v. Concordia (Home, 2/1)
 - v. Bethel Baptist (Home 2/4)
 - v. Mesrobian (Cancelled)
 - v. Judson Int'l (Home, 2/8)
 - v. Waverly (Home, 2/9)
 - v. Acaciawood (Away, 2/11)
- 2/15 Presidents Day
(No School)
- 2/18 High School Dance
@ 7 PM

BOYS BASKETBALL
TEAM RECORD 9-5



Introducing.....

MS. ELLEN KIM

Hello! My name is Ellen Kim, and I am the 2nd Grade Teacher at New Covenant Academy.

I was born in England, but I grew up in many different countries during my childhood, including the mission fields of Papua New Guinea. Now, I consider Fullerton, CA my home.

In my spare time, I like to read, go to the beach, snowboard, and play sports. I currently participate as a captain on a Women's Flag Football Team for Sarang Community Church. I also operate a pop-up coffee brew bar called Well Done

25, which was inspired by Matthews 25 to serve creatively and faithfully.

I became a teacher through the influence of other teachers, and it is my desire to inspire the minds of others through the integration of faith.

It has been a joyous experience at NCA, and I thank you for allowing me to experience more of God's goodness through you!



B.A., UC Irvine
M.Ed., UC Irvine
CA Credential